



Ask the Right Questions

I have another medical condition that may affect my bones

Some medical conditions can weaken bones, affect bone quality or interfere with the body's ability to absorb important nutrients. Others may increase your risk of falls and thus fractures. These include diabetes, rheumatoid arthritis, thyroid disease, kidney disease, celiac disease, etc among others.



Questions to Ask Your Doctor

☐ Does my medical condition increase my risk of osteoporosis or fractures? Your Notes:

☐ Should I have a DXA scan or other bone health tests? Your Notes:

☐ Are there treatments that can help protect my bones? Your Notes:

☐ Do I need to see a bone specialist? Your Notes:

☐ How often should my bone health be monitored? Your Notes:



ADDITIONAL NOTES